



SAILING CLUB
— NHA TRANG —

sen

Lotus Restaurant

STARTERS

SUP HAI SAN | SEAFOOD SOUP 90,000

GOI | TRADITIONAL SALAD 150,000

Choice of Beef, Shrimp or Mixed Seafood

Shredded Carrot | Cucumber | Onions | Local Herbs | Spices

SEN SALAD 150,000

Prawns | Pork | Water Lotus | Lettuce | Carrots | Onions |
Sweet Chilli Sauce

CHA RAM | SPRING ROLLS (FRIED) 150,000

Sweet Chilli Dipping Sauce | Pork & Prawn Spring Rolls

TOM HOA TIEN | SHRIMP ROCKET (FRIED) 170,000

Pork Rind | Chinese Noodles | Shrimp Spring Rolls

MAIN COURSES

MI XAO / STIR FRIED EGG NOODLES 180,000

Choice of Seafood | Pork | Chicken | Beef

COM CHIEN / FRIED RICE 150,000

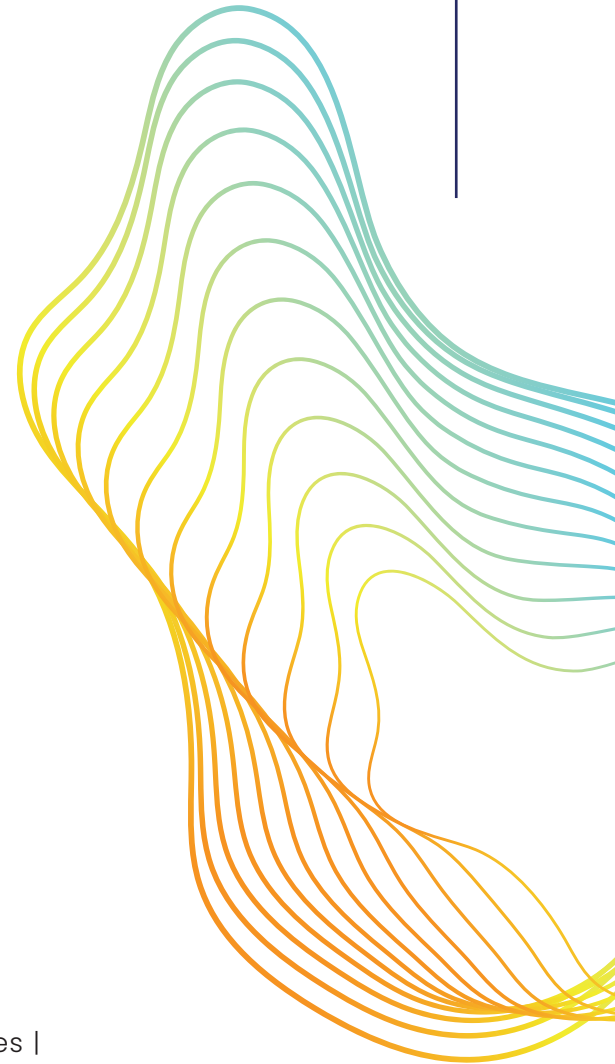
Choice of Vegetable | Chicken | Pork | Seafood

GA SOT NAM | MUSHROOM CHICKEN FILLET 220,000

Chicken breast | Coconut Milk | Mushrooms and mushroom sauce | Noodles |
Vegetables

CA KEP THIT SOT CA | TOMATO PORK & TILAPIA 250,000

Red Tilapia Fillet | Grilled herb crusted pork |
Rice | Vegetables | Tomato sauce base





FROM THE LAND

GA XAO HAT DIEU | CHICKEN & CASHEW NUTS 200,000

Served in halved Pineapple | Chicken | Cashew Nuts | Tomato and Onion | Steamed Rice

BO XOT TIEU XANH 200,000

Served On a Hot Stone | Beef | Peppercorn | Local Herbs | Steamed Rice or Baguette

BO LUC LAC (WOK FRIED) 200,000

Imported Beef Tenderloin | Capsicum | Oyster Sauce | French Fries or Rice

BUN CHA 190,000

Roast Pork | Spring Rolls | Noodles | Local Herbs | Light Dipping Sauce

BO, TOM HOAC MUC NUONG 200,000

Beef | Prawn or Squid | Five Spices | Side Salad | Rice

BO CUON PHOMA 180,000

Grilled Beef Tenderloin | Cheddar Cheese

SUON HEO NON NUONG MAT ONG 160,000

Grilled Pork Ribs | Honey basting | French Fries | Side Salad

COM VIT NUONG ROTI 300,000

BBQ Duck with roti sauce | Steamed rice | Ginger - Chili Fish Sauce



All prices are inclusive of 10% VAT & 5% Service Charge

**DUI/CANH GA NUONG MAT ONG |
HONEY & BBQ BASTED CHICKEN PIECES** 150,000

Side Salad | French Fries or Rice

**CANH GA CHIEN MAM |
DEEP FRIED CHICKEN WINGS IN FISH SAUCE** 150,000

Garlic butter | Green salad

**DAU HU CHIEN SA |
LEMONGRASS STIR FRIED TOFU** 100,000

Served With Steamed rice

FROM THE SEA

TOM SU XAO BONG CAI (STIR FRIED) 220,000

Shrimp | Cauliflower | Egg Noodles

**HAI SAN VINH NHA TRANG |
SEN SEAFOOD PLATTER** 380,000

(For 2 to share) Whole Tilapia (fresh water fish)

| Squid | Mussels | Tiger Prawns | Potato Wedges Fresh Lime (Please allow 20 min to prepare)

BANH XEO 150,000

Traditional Savoury "Pancake" | Mixed Seafood | Light Dipping Sauce

LAU HAI SAN (COOKED AT YOUR TABLE) 310,000

Mixed Seafood | Catch of the Day | Squid | Clams | Vegetables | Fresh Noodles

**CA BO DA NUONG MUOI OT |
GRILLED AMBERJACK WITH CHILI AND SALT** 240,000

Served With Steam rice

SHELL NUONG MO HANH 170,000

Roast Shell Fish | Local Herbs | Rice

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FROM

THE SEA

TOM SU HAP NUOC DUA 200,000
Steamed Shrimp | Coconut Milk | Chilli Sauce

MUC HAP NUOC DUA 220,000
Steamed Squid | Coconut Milk | Soy Sauce

CA KHO TO 170,000
Fresh Yellowtail In A Clay Pot | Chilli | Lemongrass | Rice

TOM CHAY TOI 220,000
Fried Tiger Prawns | Butter | Garlic | Steamed Rice

CA DIEU HONG NUONG MO HANH 200,000
Whole Tilapia | Spring Onion | Green Chilli |
Peanuts | Rice Paper | Lettuce

TOM SU RAM ME | TAMARING TIGER PRAWNS
200,000
Tiger prawns | Tamarind | Shallots | Chilli | Lemongrass |
Ginger

**MUC XAO CHUA NGOT | SWEET AND SOUR STIR
FRIED SQUID** 200,000
Squid | Onion | Tomato | Pineapple | Oyster oil | Soy sauce |
Pepper

DESSERTS

CHOCOLATE FONDANT 150,000

Chocolate Sponge / Chocolate Hot Runny Centre /
Vanilla Ice Cream

(Please Allow 15-20 Minutes for Preparation)

BLUEBERRY CHEESECAKE 140,000

Blueberry / Passion Fruit Coulis

VIETNAMESE FRUIT PLATTER 150,000

Tropical Fruits / Shaved Coconut /
Crushed Ginger / Garlic / Chilli Dipping Spice

TIRAMISU 150,000

Vietnamese Coffee / Cream Cheese / Condensed Milk /
Kahlua / Vanilla Sponge

CHEESE & CHARCUTERIE BOARD SMALL 220,000

Selection of Imported Cheese & Cured Meat /
Caramelized Onions / Grape Compote / Olives /
Artichokes / Selection of Bread

LARGE 440,000

PASSION FRUIT MOUSSE 140,000

Chocolate Ice Cream / Crumbled biscuit

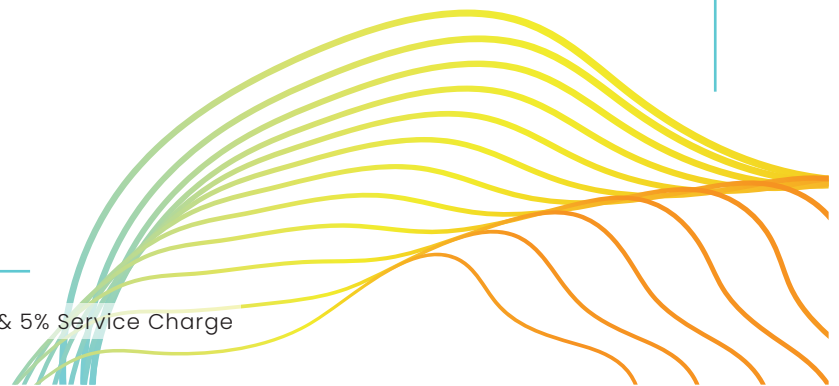
ICE-CREAM

45,000 PER SCOOP & 2 SCOOPS FOR 80,000

Vanilla / Cookies & Cream / Coconut / Salted Caramel /
Chocolate Brownie / Strawberry / Chocolate / Banana



All prices are inclusive of 10% VAT & 5% Service Charge



LIFESTYLE

& Naturals

EARTHY GOODNESS 110,00

Beetroot / Carrot / Ginger

HEALTHY LIVING 110,00

Dragon Fruit / Apple / Grape / Pineapple

JUNGLE ENERGY 110,00

Mango / Banana / Orange Juice / Honey / Yoghurt

SMOOTH - TANG 110,00

Lemon / Pineapple / Apple / Mint / Yoghurt

PACIFIC PASSION 110,00

Passion Fruit / Pineapple / Banana /
Coconut / Yoghurt

MONKEY MANIA 110,00

Mango / Apple Juice / Coconut

EAST WEST 110,00

Fresh Mango / Cardamom / Fresh Milk / Frozen
Yoghurt / Date

COCONANA 110,00

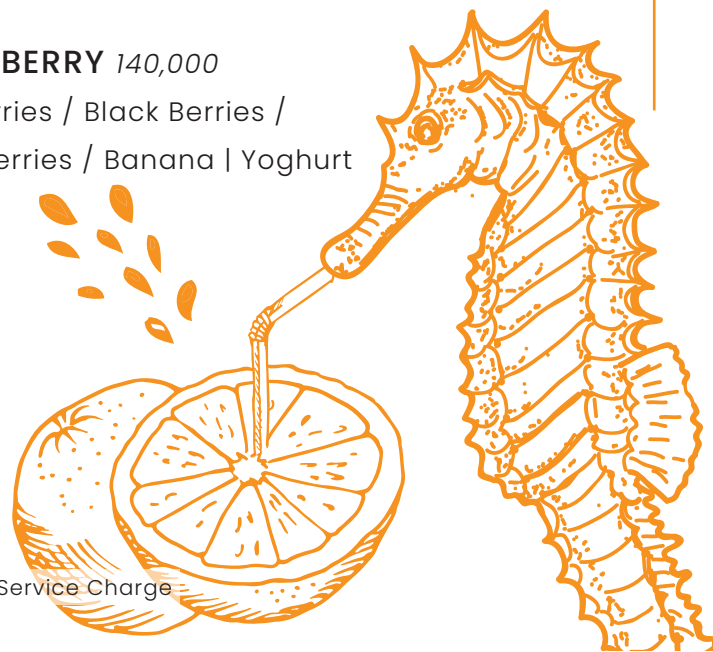
Coconut Cream / Banana / Frozen Yoghurt / Apple
Juice

PINK PANTHER 140,000

Strawberries / Banana / Yoghurt

YOGA BERRY 140,000

Blueberries / Black Berries /
Strawberries / Banana | Yoghurt



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FRESH JUICE

ORANGE / BEETROOT / CARROT / APPLE / WATERMELON 80,000

LEMON / FRESH COCONUT 70,000

MILK SHAKES

CHOCOLATE / STRAWBERRY / VANILLA / COCONUT /
MANGO / AFTER EIGHT

130,000

SOFT DRINKS

COKE / DIET COKE / SODA / TONIC /

RED BULL / 7UP

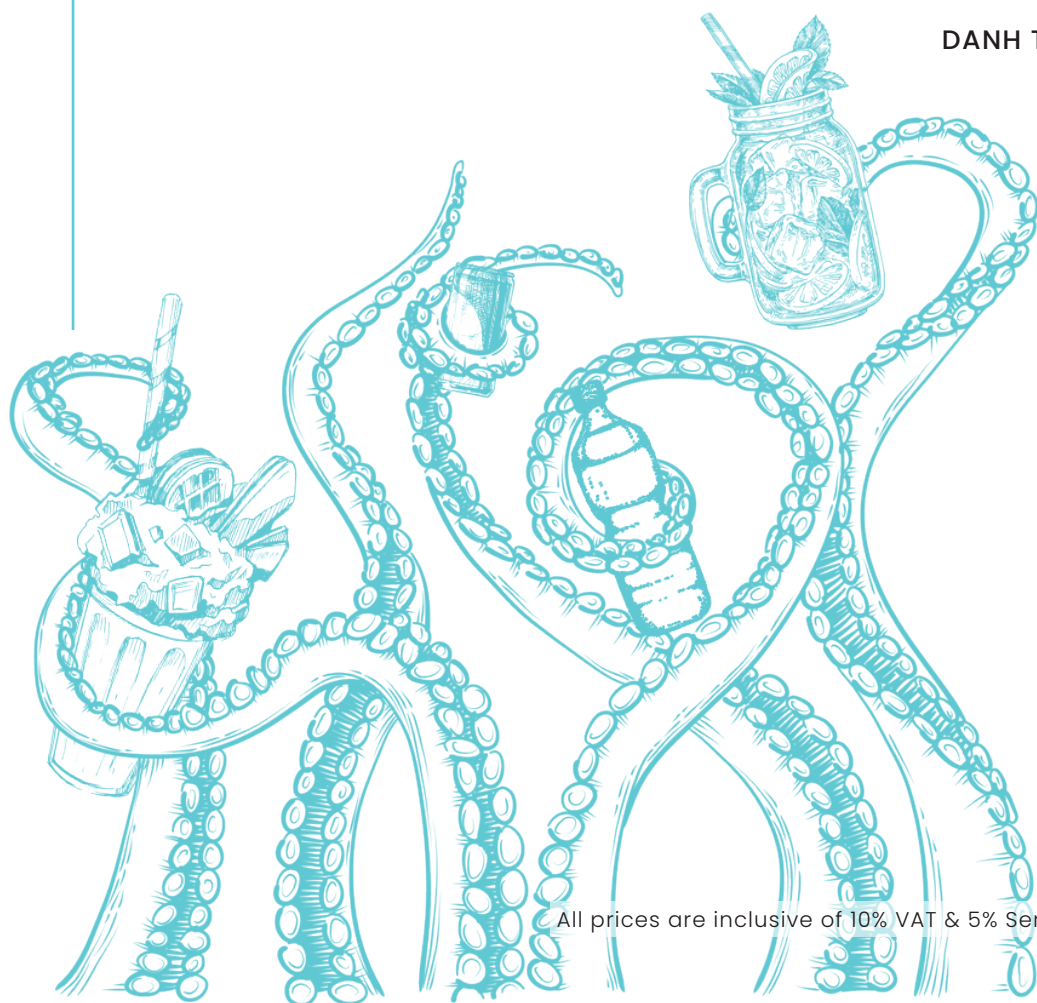
50,000

MINERAL WATER

ALBA STILL or SPARKLING MINERAL WATER

500ML 40,000 / 1.5 LITER 60,000

DANH THANH SPARKLING 40,000



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Vietnamese COFFEE 60,000

Iced White Coffee (Cà phê sữa đá)
Hot White Coffee (Cà phê sữa nóng)
Iced Black Coffee (Cà phê đen đá)
Hot Black Coffee (Cà phê đen nóng)

Exclusive ROOIBOS *Selection* 90,000

HEALTHY TEA

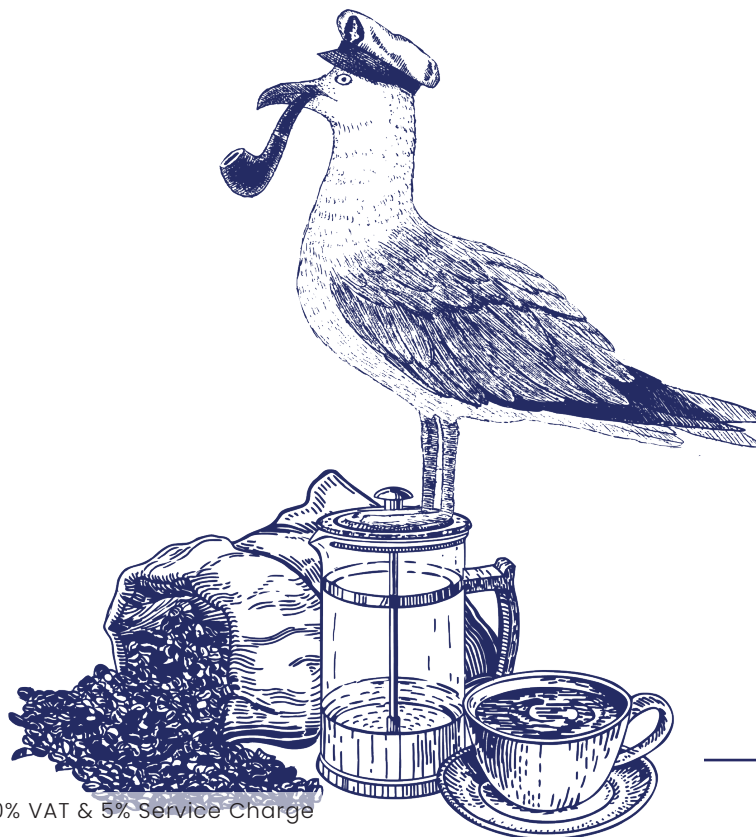
RED ESPRESSO
RED CUPPACINO
RED LATTE
BEETROOT LATTE
TURMERIC LATTE
MATCHA LATTE

Lavazza COFFEES

ESPRESSO / AMERICANO 70,000
CAFE LATTE / CAPPUCINO / ICED LATTE 80,000
CARAMEL MACCHIATO 90,000

Twinning's Tea SELECTION 90,000

ENGLISH BREAKFAST FOREST FRUIT
EARL GREY CHAMOMILE
GREEN TEA
MINT MEDLEY



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SAILING SIGNATURE

Cocktails

SAILING ESPRESSO MARTINI 180,000

CHOICE BLACK/WHITE

Absolut / Kahlua / Vietnamese Coffee (Choice>)

Condensed Milk

SAILING TIKI 180,000

Havana Anejo / Bianco Martini / Pineapple syrup /

Lime / Honey / Ginger Beer / Bitters

SAILING X WINKING SEAL BELLINI 180,000

Winking Seal Cream Ale / Champagne /

Cointreau / Passion Fruit Puree

SAILING COCONUT COLADA 180,000

Havana Anejo / Malibu / Coconut Ice Cream /

Fresh Coconut

SAILING NEGRONI 180,000

Beefeater Gin / Havana 7 / Campari / Aperol /

Cacao

SC X WINKING SEAL SANGRIA JAR 180,000

Winking Seal Dragonfruit IPA / White Wine/ Havana

Club Rum / Orange / 7Up / Fresh Fruit

SAILING SEXY MARTINI 180,000

Absolut Vanilla / Fresh Passion Fruit / Passion Puree

/ Vanilla Sugar / Side of bubbly

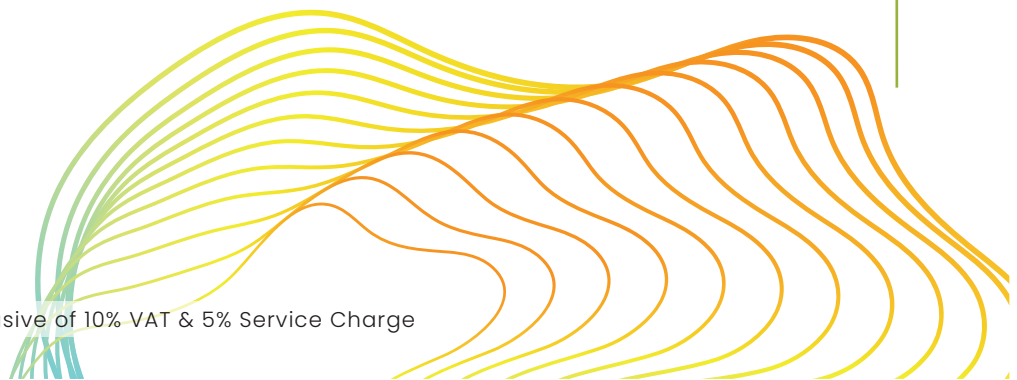
SAILING RISING DRAGON 180,000

Raspberry Absolut / Cointreau / Mixed berries /

Mango puree / Apple & Mint Foam



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BEERS

& Cider

WINKING SEAL CRAFT BEER

Indochine-inspired craft beer adventures, which create that moment of lift off when atoms & art collide in a glass igniting a perfect storm. Made in Saigon.

110,000 (sml) 150,000 (lrg)

SAIGON APPLE & GINGER CIDER

110,000 (sml) 150,000 (lrg)

SAIGON 70,000

TYGER BOTTLE / TIGER CRYSTAL 90,000

HEINEKEN BOTTLE 100,000

STRONGBOW APPLE CIDER 100,000

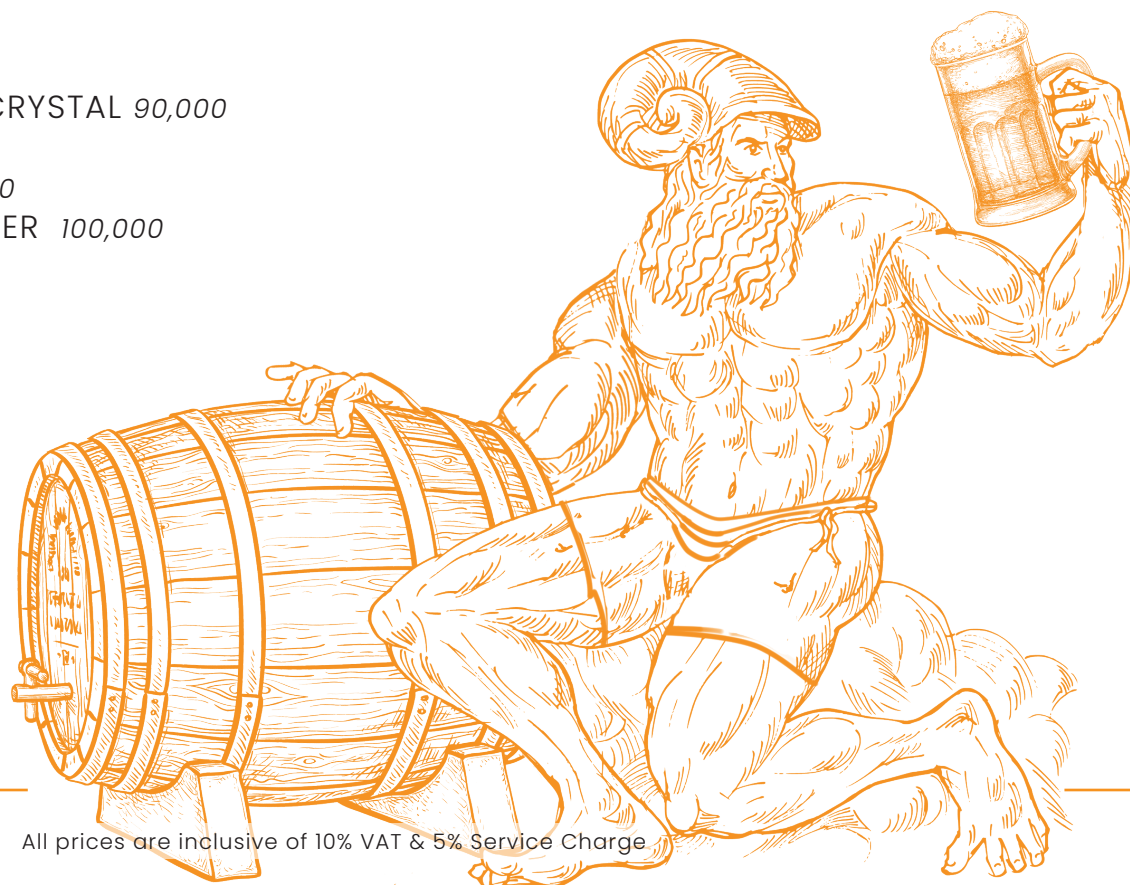
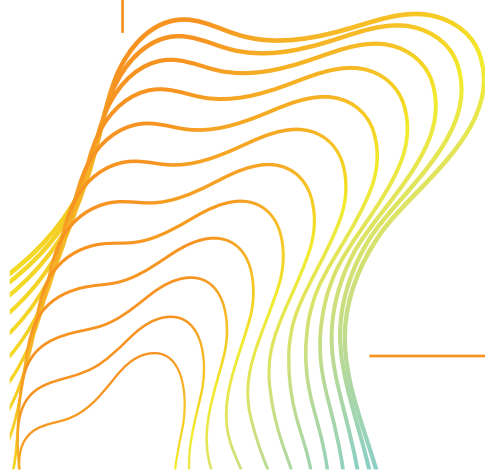
CORONA / SOL 130,000

TIGER DRAUGHT

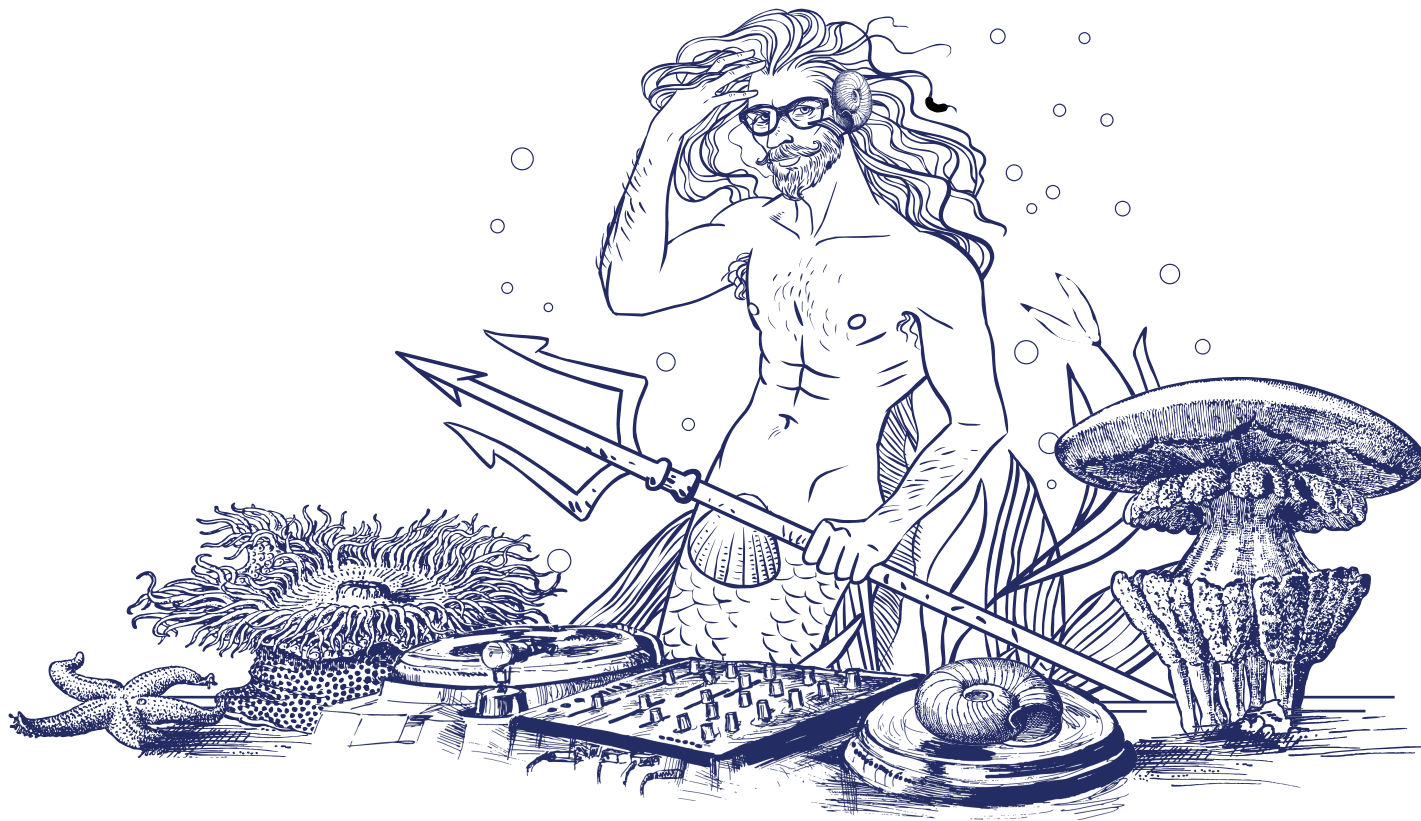
90,000 (sml) 130,000 (lrg)

HEINEKEN OR HEINEKEN SILVER DRAUGHT

100,000 (sml) 140,000 (lrg)



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Bring on THE NIGHT

This is where the fun begins. Once the sun sets, it's time to put on your dancing shoes (or stay barefoot – we don't mind either way).

This is when Sailing Club changes from beach restaurant and bar to night club, with a host of entertainment in the way of shows, live bands and DJ's, leaving room for nothing but family, friends, fun and of course frolicking on the dancefloor.



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